

# BC SUPPORT Unit

## Fraser Centre



### About the BC SUPPORT Unit



The BC SUPPORT (Support for People and Patient-Oriented Research and Trials) Unit is a multi-partner organization created to support, streamline and increase patient-oriented research throughout British Columbia.

It's one of 10 SUPPORT Units established across Canada as part of the Strategy for Patient-Oriented Research (SPOR), a national initiative led by the Canadian Institutes of Health Research (CIHR).

A provincial hub, located in Vancouver, coordinates activities across BC.

### About the BC SUPPORT Unit Fraser Centre

The Fraser Centre is your first point of contact for the BC SUPPORT Unit. Jointly administered by the Fraser Health Authority and Simon Fraser University, it is one of five BC SUPPORT Unit regional centres located across the province. Fraser Centre staff roles are: Regional Centre Lead, Research Navigator-Leader, Patient Engagement Specialist, Knowledge Translation Specialist, and Education & Communications Coordinator.

#### Who are patients?

Anyone who has experience with the health care system and/or personal experience of a health issue, and informal caregivers, including family and friends.

#### What's Patient-Oriented Research?

Research that is done in partnership with patients, answers research questions that matter to patients, and aims to improve health care.

#### What's Patient Engagement?

Patient engagement involves working with patients along a spectrum ranging from consultation, to involvement, to collaboration and empowerment. Patient engagement is represented by the International Association for Public Participation in this way:

Inform	Consult	Involve	Collaborate	Empower
To provide with information	To obtain feedback	To work with, to develop alternatives	To partner in each aspect of decision-making	To decide

